



Everlasting

Latin names : Helichrysum angustifolium, Helichrysum italicum
French names : Hélichryse à feuilles étroites, Immortelle à feuilles étroites, Hélichryse italienne, Immortelle italienne, Plante-curry
Other English names : Helichrysum angustifolium, Curry plant
Extracted from : aerial parts (France)



During hard times, periods of mourning or unpleasant moments, Helichrysum helps and supports impressively. It is, therefore, often called the aromatherapeutic Rescue remedy or Arnica. Carry the bottle with you and when you feel you are about to go down, take it out, smell the oil and rub a few drops where you feel the sadness. You may only understand how powerful it is after you've experienced it.

The plant, its legends and its botany

The marvellous thing with Helichrysum is that even dead, it is still alive!

Indeed, that's the reason why it is often found on graves. It keeps its bright yellow colour, it remains compact, its leaves stay on when it dries up. Besides, its name means the same in many languages: "Immortelle" (immortal in French), "Semperviva del monte" (the everlasting from the mountains, in Spanish).

It is also called "Curryplant" in other languages: Kerrieplant in Dutch, Karryplante in Danish, Currykraut in German... because, yes, it does smell of curry. It only takes you to rub a leaf to smell it. However, it is absolutely not part of the recipe of curry.

Its Latin name, which we use in English, comes from the Greek "helios" (sun) and "chrysos" (gold). Probably due to its colour...

Helichrysum italicum is an asteraceae. Its flowers are capitules made of many florets, which gives the impression of a flower full of tube-shaped holes. These yellow capitules are grouped in racemes. At first, a novice could mistake it with an apiacea (umbelliferous), but the petioles have different starting points on the stem.

It has little thin leaves (with parallel edges). Edges are wound downwards. The top of the leaves are hairy, very hairy, with short and rather transparent hair which confers the plant its silvery glow.

Energetic properties

A magnificent emotional shockproof hel(p)met.

Brings you back to serenity when a strong emotion has been upsetting you for a long time.

Supports during hard times.

Stimulates the memory of old wounds.

Helps understanding of the soul's timelessness.

Chakras

6th chakra

1st chakra

Doshas

Recentres Vata.

Calms Pitta and make it act for good reasons.

Gives Kapha a terrestrial energy when it needs to come back down to Earth.

Elements

Ether

Earth

Fire

Standard chemotype

Monoterpenes (alpha-pinene 1-25%, 2-10% limonene)

Sesquiterpenes (gamma-curcumene 8 to 15%, cis-and trans-alpha-bergamotene 0.1 to 1%, ar-curcumne 0.5 to 3%)

Terpene esters (acetate neryl 6-35%, propionate neryl 1 to 5%, 2-methylbutyl angelats 0.1 to 1%)

Aliphatic diones (italidione I, II and III 5 to 20%)

Ketones: only italidiones (non-toxic dione ketones)

Furanocoumarins: none

Batch chromatography

Batch IMMB490848 (PDF, 596.6 Ko, French)

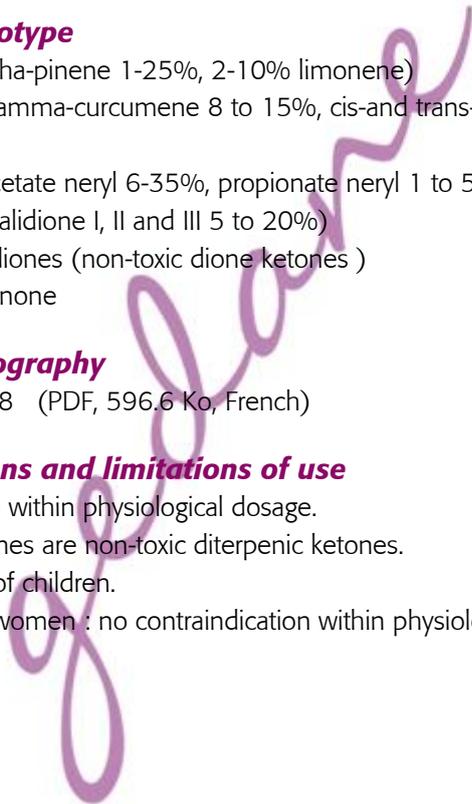
Contraindications and limitations of use

No contraindication within physiological dosage.

Helichrysum's ketones are non-toxic diterpenic ketones.

Keep out of reach of children.

Children pregnant women : no contraindication within physiological dosage.



The information on these page is only intended to provide trained professionals with suggestions on how to use our products. They are solely responsible for any advice they may give. It rests with them to consolidate their skills and to keep ut to date with the latest advances in aromatherapy. Also, trained professionals must know their patients' state of health well enough to propose an appropriate treatment accordingly. The total responsibility for interpretation and use of Gedane products lies with users and does not involve Gedane in any way.
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