



## *Citronella*

Latin names: Cymbopogon nardus, Andropogon nardus,  
Cymbopogon afronardus, Cymbopogon validus  
French names: Citronnelle de Ceylan, Herbe-bleue africaine  
Other English names: Citronella  
Extracted from: aerial parts



Mosquito repellent known worldwide... useful but controverted. Indeed, it has to be repeatedly applied on the skin and is only efficient where it was rubbed (left arm oiled up only = right arm unprotected). Efficiency depends on how strong mosquitoes are. And it's so well known that it is easily forgotten... Shame!

Citronella can be used to keep cats at distance from your plants in pots (2-3 drops from time to time so that kitty doesn't spread soil all around the flat).

When the world has shrunk to very little, citronella helps to enlarge it again and avoid bitterness.

After hiking, fungus will go away and hide, sensing citronella draw nearer. One drop on the fungus repeatedly ensures success.

To spray in the closet (on shoes and socks in particular) so they smell good.

To make fruit salad taste more lemony (with watermelon and mint to cool down during the summer).

### ***The plant, its legends and its botany***

Citronella provides many gardens throughout the world with this lemony smell. It grows bushily. Indeed, it is simply a kind of grass. But one kind that rises one-and-half meter (4.8 ft.) high up and is few meters / ft. thick.

### ***Energetic properties***

Reduces sharp and aggressive answers.

Avoids embitterment.

Helps you to put up with a few irritations.

Enlarges the world when you're closed up in your cocoon.

Helps you to remember what optimism is.

Gives more space.

## **Chakras**

3rd chakra

## **Doshas**

Reduces Pitta and its sharp answers

Reduces Kapha

Increases Vata and its inner freedom

## **Elements**

Air

## **Standard chemotype**

Non-aromatic aldehyde (citronellal 5-7%)

Monoterpene alcohols (15-70% geraniol, citronellol 8-10%, 3-8% borneol)

Phenol methyl ethers (methyl iso-eugenol 4-10%, 1-10% methyl ether, iso-eugenol 1-7%)

Monoterpenes (d-limonene 5-10%)

Esters (geranyl formate, citronellyl acetate, geranyl butyrate)

Ketone: none

Furanocoumarins: none

## **Batch chromatography**

Batch CIT2001/2 (PDF, 218 Ko, French)

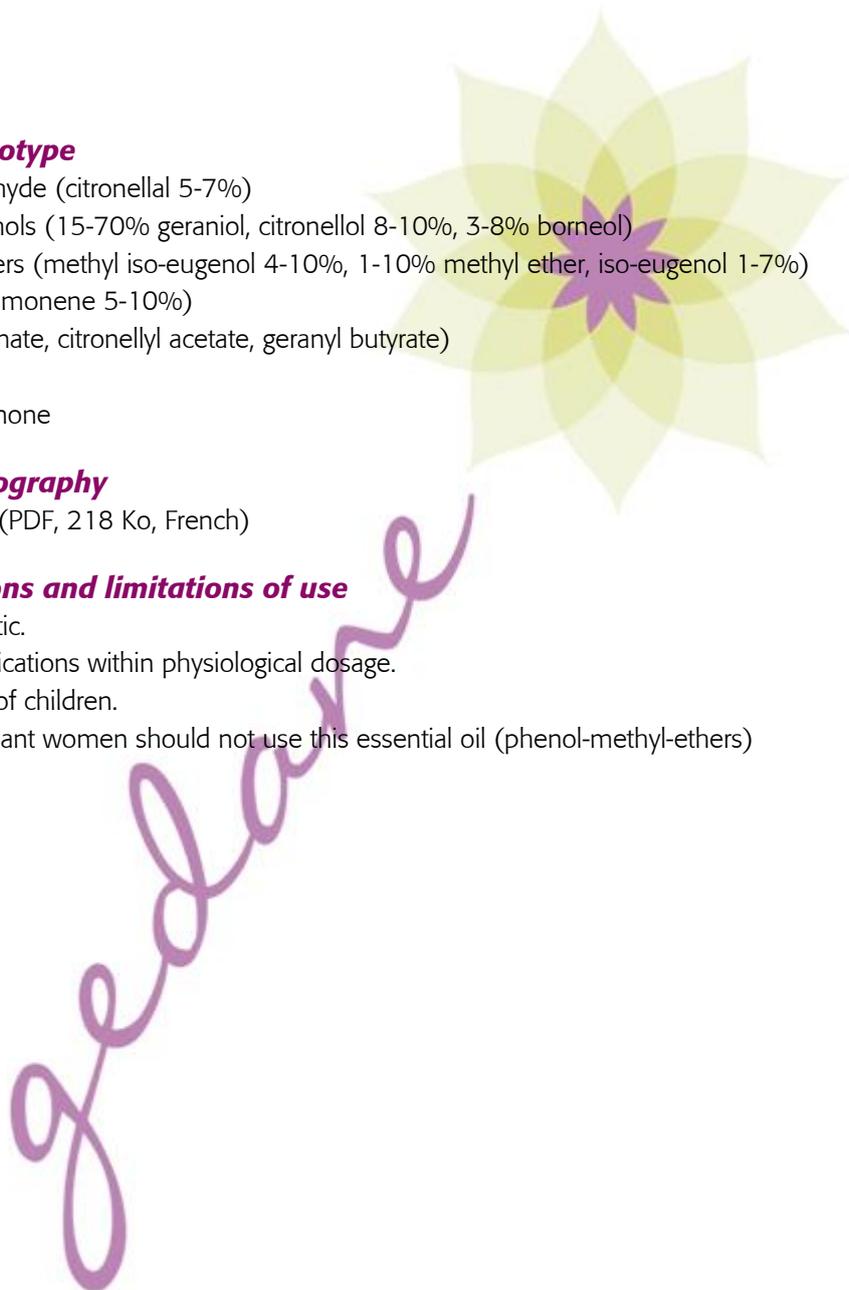
## **Contraindications and limitations of use**

Slightly dermocaustic.

No other contraindications within physiological dosage.

Keep out of reach of children.

Children and pregnant women should not use this essential oil (phenol-methyl-ethers)



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The information on these pages is only intended to provide trained professionals with suggestions on how to use our products. They are solely responsible for any advice they may give. It rests with them to consolidate their skills and to keep up to date with the latest advances in aromatherapy. Also, trained professionals must know their patients' state of health well enough to propose an appropriate treatment accordingly. The total responsibility for interpretation and use of Gedane products lies with users and does not involve Gedane in any way.  
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