



Patchouli

Latin names: Pogostemon cablin (Blanco) Benth = Pogostemon patchouly Pellet
French names: Patchouli, Putchaput
Extracted from: aerial parts



Plunges into a stress-free state, full of letting-go and beneficial serenity.

Calms those who are addicted to socially accepted worries.

Mycosis after going to the swimming pool? Rub one drop of Patchouli onto it regularly.

So practical for clothes: Just like Himalayan cedar, one drop of oil in the cupboard will chase moths away. Do not forget to leave the door open (so that insects can fly out instead of eating your clothes all the more, as they will become aggressively angry and desperate to flee this smell they despise!)

The plant, its legends and its botany

Patchouli makes us the unexpected surprise of being a Lamiaceae (family of lavender, rosemary, basil, thyme, etc.). As often in his family, this plant likes the heat and yet likes to be protected from direct sunlight. It grows fast and strong and gives several harvests per year.

Its leaves have a particular shape, a little short and broad-leaved nettle, whose dentition is fresh and its hair, short and sweet too. They earned it its name, which comes from Tamil. Patch means green and Ilai means leaf. Nice ... but not necessarily entirely understandable: it is probably not the sole representative of the vegetable kingdom on the continent to have green leaves! In any case, it is from it that we extract the essential oil.

There is a discussion about the qualities of oils, as some prefer the essential oil distilled from fresh leaves on the spot while others prefer that extracted from dried or a bit fermented leaves. Indeed, it is often exported from its place of production to be distilled. Medicinally, aromatherapeutically and ethically, it is better to take the essential oil which is wholly manufactured locally.

Gedane's policy is to preserve the locals' well being and to promote equity and justice

After distillation and always on the spot, the essential oil must age in barrels for several months to release its bitterness and develop its fine fragrance. It was in perfumery (fragrances for both male and female) that it was most used at first. Indeed, it makes a perfect fixative in the mix in addition to its base note. Note that often recalls the hippie wave in India.

Indian fabric is often imbued of Patchouli as it is effective to keep moths and insects away. Patchouli was also often burned after smoking hemp. Not only does it cover the smell before the parents enter the room, but it brings one back on the ground firmly.

Energetic properties

Helps you to become more peaceful, serene and quiet.

Lose your fears about the end of a situation: "Trust in me... the Universe is taking care of it!"

Increases and deepens conscience.

Allows you to have opinions, even if they go against the tide.

Promotes respect for Mother Nature.

Re-centres the body when the mind works too much.

Sensuality, fantasy ... all down-to-earth.

Chakras

1st chakra

(2nd chakra)

(3rd chakra)

Doshas

Stimulates Kapha's peacefulness

Reduces Vata's fear

Extinguishes Pitta's aggressivity

Elements

Earth

Standard chemotype

Sesquiterpenes (alpha-and beta-bulnesene 10-20% each, aromadendrene, guaiene ...)

Sesquiterpene alcohols (25-40% patchoulol, norpatchoulol)

Oxides (bulnesene-oxide, caryophyllene oxide, guaiene-oxide)

Sesquiterpene ketones (patchoulone 2-3%): non-toxic ketone

Furanocoumarins: none

Batch chromatography

Batch, PAT401R093706 et PAT401L102297 (PDF, 457 Ko French)

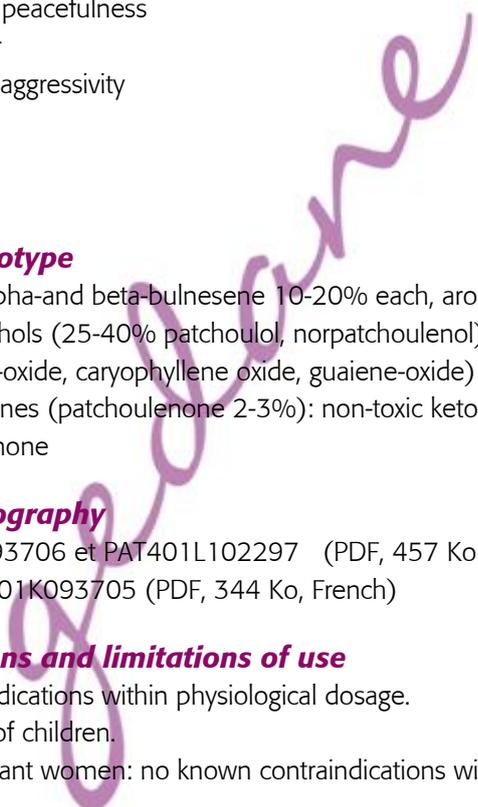
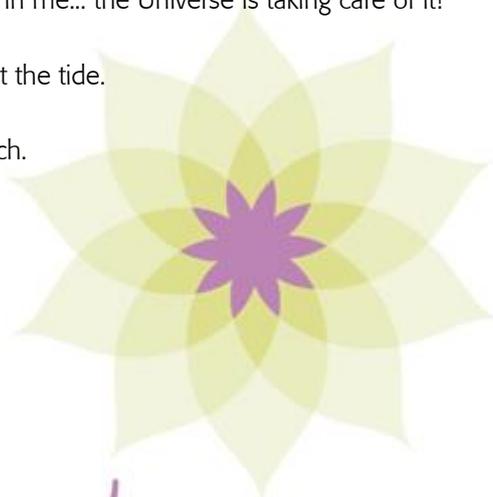
Batch, PAT401K093705 (PDF, 344 Ko, French)

Contraindications and limitations of use

No known contraindications within physiological dosage.

Keep out of reach of children.

Children and pregnant women: no known contraindications within physiological dosage.



The information on these page is only intended to provide trained professionals with suggestions on how to use our products. They are solely responsible for any advice they may give. It rests with them to consolidate their skills and to keep up to date with the latest advances in aromatherapy. Also, trained professionals must know their patients' state of health well enough to propose an appropriate treatment accordingly. The total responsibility for interpretation and use of Gedane products lies with users and does not involve Gedane in any way. Texts: external consultant Marc Ivo Böhning and Geraldine Viatte