



## Clove leaf

Clove bud is the name of the dried bud (flower bud before hatching, sun-dried).

Clove leaf is ... the leaf!

These two are dealt with together here as they both have a similar chemotype, similar properties and contraindications. Any difference will be notified.



Toothache? Dental infection? A drop of clove on it to soothe the pain and control the infection.

Balconies and gardens: you can associate it with nutmeg to treat plants infested with larvae.

A drop of clove under the feet for someone who needs to act rather than procrastinate.

### ***The plant, its legends and its botany***

Clove tree belongs to a tropical family of healer trees: the Myrtaceae. Rather thin, it is covered in an abundance of foliage and thus does not show any weakness. 3.5 ft. tall and a pyramidal shape. Young leaves and shoots are bright red. It is during the rainy season that they come out.

It provides a spice that was the reason a bit of rivalry due to its therapeutic and market value. (Like many plants in India which provide essential oils... so sorry for the repetition! But the sub-continent is so rich ...) We will not repeat the stories about those ships sunken for the trade of spice and the fight between the colonising countries to get more influence over it. Let's leave this same old history and have a look at other facts. Besides, clove encourages one to be brief and concise so let's be that too!

Its first Latin name: Eugenia is a nicer story. Eugenia is the patron saint of midwives. And it is one this plant's area of expertise as midwives used to use it to strengthen contractions. But ... the funny part of it is that, its name was actually given in honour of Prince Eugene of Austria.

But, to us, its scent rather brings us back to dental practices. Indeed, it is an outstanding dental disinfectant. How often are we given clove dental paste? Always would be a most satisfying answer (at least by conscientious dentists)

## **Energetic properties**

Sets into action.

Ignites action.

Puts a stop to procrastination.

Diminishes any form of immobilisation.

Promotes decision-making.

Makes you dynamic and gives energy.

Perfect for taking the bull by the horns.

Abolishes the feeling of being a victim: helps you to accept your own responsibilities and deal with them.

Stimulates the mind.

Encourages taking care of others.

## **Chakras**

1st chakra

## **Doshas**

Greatly stimulates Pitta

Maintain Kapha's structure but reduces its immobility

Diminishes and warms up Vata

## **Elements**

Fire, Air

## **Standard chemotype**

Phenols (70-90% eugenol)

Esters (acetate eugenyl up to 25%)

Sesquiterpenes (alpha-and beta-caryophyllene 3-20%)

Ketone: none

Furanocoumarins: none

## **Batch chromatography**

Batch, CLV2006/18 (PDF, 235 Ko, French)

Batch, CLV2001/831 (PDF, 281 Ko, French)

Batch, CLV501J101310 (PDF, 227 Ko French)

## **Contraindications and limitations of use**

Strongly dermocaustic.

No other known contraindications within physiological dosage.

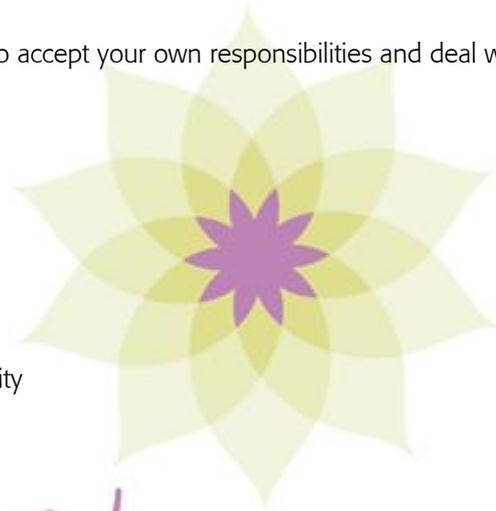
Dilute highly for both external and internal use.

Keep out of reach of children.

Children: no other known contraindications within physiological dosage.

Pregnant women: do not use (uterotonic).

It was thought to be hepatotoxic due to its phenols but it is eugenol and not thymol or carvacrol.



*Eucalyptus*

---

The information on these page is only intended to provide trained professionals with suggestions on how to use our products. They are solely responsible for any advice they may give. It rests with them to consolidate their skills and to keep up to date with the latest advances in aromatherapy. Also, trained professionals must know their patients' state of health well enough to propose an appropriate treatment accordingly. The total responsibility for interpretation and use of Gedane products lies with users and does not involve Gedane in any way.  
Texts: external consultant Marc Ivo Böhning and Geraldine Viatte